



## July Newsletter 2022

### Dear Parents/Carers & Students

2021-2022 has been a fantastic year for Ingleby Manor Free School. As the challenges of the pandemic look to be almost behind us, it has been refreshing to move back to a normal way of working. I would like to thank all colleagues across the school for their hard work, and the way they have supported the recovery from the pandemic. Our students have made great strides in their learning, and I am certain this will continue next year.

Can I take this opportunity to thank all staff, parents, carers and students for their continued support of the school. We genuinely appreciate it.

The end of the academic year is always tinged with a sadness for those who will be leaving us. To our year 11 students, we thank them for their hard work during their time at Ingleby Manor, they were the epitome of what defines a 'role model' during their examinations. They were complimented by all who worked with them. We look forward to seeing them on results day, to share in their successes and hear about their next steps.

We also have a number of colleagues who will be leaving us this summer. To Mrs Mitchell, Mr Rae and Mr Foster may I wish you the very happiest of retirements; And to Mrs Alam, Mrs Anderson, Mrs Gowar and Mrs Chapman the very best for the new challenges you are moving on to. Can I thank you for the service to our school and community you have provided, you will all be dearly missed.

Enjoy the summer break with your families and loved ones and we look forward to welcoming our students back in September.

Best Wishes

Ray Parkinson



# Staying Safe This Summer

As school closes for the summer, we like to wish you a great holiday and remind you how important it is that you **stay safe and healthy**.

We all need help and advice sometimes. Whatever the problem is, talking about it can be the first step to solving it. If there is an adult you can trust like a parent, carer or a professional, talk to them. There are also lots of agencies you can contact for extra support, advice and guidance.

## Stay Safe Online

Remember:

- **Check your security settings on your devices**
- **Never share your address, phone number or tell anyone you don't know where you are.**
- **Never agree to meet anyone you don't know.**
- **Don't go on private chat areas**
- **Block unwanted contacts if you feel uncomfortable**- at any time.
- **Report anything you are worried about** – you can do this anonymously.
- **Never send naked pictures of yourself or send pictures of other people.** This is unsafe and is also illegal.
- **Check out the ZIPIT app** which has been designed with you in mind to take control of your online chat
- **A really good place to find out more about apps online is the NHS Apps Library here:** [www.nhs.uk/apps-library](http://www.nhs.uk/apps-library)
- **Be aware of live streaming** – don't be pressured to do or say something you wouldn't do if you were actually with the person.

You can get support and advice for you or your friends from CEOP, if something has happened online which has made you feel unsafe, scared or worried.

The CEOP Thinkuknow website also has information and advice to help you to stay safe online.  
[www.ceop.police/safety-centre](http://www.ceop.police/safety-centre)

## Look After Your Emotional & Mental Health

**Your emotional health and wellbeing is important.** Talk to a trusted adult or friend about how you are feeling or about any concerns or worries. Childline have a number of resources and activities that could help. Support from ChildLine is available **online and by phone- ANYTIME.**

Lots of advice and information is available including:

- **Bullying, abuse, safety and the law**
- **Your feelings, friends and relationships**
- **Home and family issues**

### More of a TYPER than a talker?

You can access support via the Childline web site – log on for 1-2-1 support, e mail or call their helpline free on 0800 11 11 (9am-midnight).

You can access counselling live on line too  
[www.childline.org.uk](http://www.childline.org.uk)



The CAMHS eClinic app is a free instant messaging service for young people to self-refer, book appointments and talk to a CAMHS Practitioner. The app can be downloaded via android or IOS.



## Look After Your Physical Health

**It is important to look after your physical and emotional health- you are important.**

When you are out and about in the holidays, remember to look after your skin and wear sun cream and drink lots of water.

Try to keep a routine. Sleep is important for your health. Try to go to bed at a regular time. This will help when you return to school or college or start work in September. Have some treats but remember to eat healthy food too. It will help keep your body healthy and make you feel better. Remember to keep safe, follow these simple rules:

- **Try to do 60 minutes of physical activity a day**
- **Try and maintain a balanced diet** – poor nutrition can cause long term health problems
- **Try to get at least 8 – 10 hours of sleep each night**
- **Have time away from your devices**, especially just before you go to sleep
- **Don't walk alone at night**
- **Never take a short cut through an isolated area**
- **Stay safe near roads**, be sensible, don't take risks
- **Don't wear earphones when cycling** – you can't hear the road
- **Report any concerns or incidents about road or rail to the British Transport Police on** 0800 40 50 40 or text 61016.

Check your academy website for updates about school and to access more safeguarding links and information.



## Contacting the School

### Via Email

- **Parent Mailbox:** [parents@inglebymanorschool.org.uk](mailto:parents@inglebymanorschool.org.uk)

This email address is to be used for contacting the school regarding your child, should you wish to arrange a meeting or raise any concerns you may have or provide any general information.

- **KS3 Learning Manager Mailbox** [ks3learningmanagers@inglebymanorschool.org.uk](mailto:ks3learningmanagers@inglebymanorschool.org.uk)

This email address is to be used to contact a Learning Manager direct for students in years 7, 8 and 9

- **KS4 Learning Manager Mailbox** [ks4learningmanagers@inglebymanorschool.org.uk](mailto:ks4learningmanagers@inglebymanorschool.org.uk)

This email address is to be used to contact a Learning Manager direct for students in years 10 and 11

- **SEN Mailbox** [sen@inglebymanorschool.org.uk](mailto:sen@inglebymanorschool.org.uk)

This mailbox is to be used for all communication for the attention of the SENCo

- **Student Attendance Mailbox:** [attendance@inglebymanorschool.org.uk](mailto:attendance@inglebymanorschool.org.uk)

This email address is to be used to report your child's absence. Please ensure you stipulate the reason for the absence. A new email is required for each day your child is absent. Notifications of absence need to be sent to school by no later than 9am

### School Office Opening Times

- 8.00am – 4.00pm Monday to Thursday
- 8.00am – 2.00pm Friday

### Contacting the school by telephone

Telephone number to contact the school is : **01642 352 450**

To direct you to the correct department, you will be asked to select one of the following numbers:

- 1 – Student absence
- 2 – Learning Manager for years 7, 8 and 9
- 3 – Learning Manager for years 10 and 11
- 4 – SEN department
- 0 – Main Reception

*Please Note: the school phone system operates via a switchboard so there may be times when contacting the school, you're call may ring for an extended period of time. Please be assured that your call is not being ignored, this is due to the operator dealing with a call on another line at that time. In this instance, please leave a message on the answerphone or try to call back at a later time.*

### Call back requests:

Due to the high volume of requests received for call backs and the availability of staff throughout the school day, we are unable to guarantee a call back the same day.

If you contact the school reception, send an email or leave an answerphone message requesting a call back, this will be completed within 48 hours from your date of contact (during term time only). Any communications received during school holidays will be responded to upon return.



## Word of the Week



# 'intrinsic'

[uhn-trin-zuhk]

WB: 6/6/22

<b>Etymology (Word Origin)</b> <small>LATE LATIN    LATE LATIN    FRENCH</small> <small>INTRINSECUS    INTRINSECUS    INTRINSECUS</small>	<b>adjective</b>	<b>USE IT</b> <ol style="list-style-type: none"> <li>Most mothers have this <i>intrinsic</i> need to protect their children at all costs.</li> <li>Because my grandmother made that doll, it has a lot of <i>intrinsic</i> meaning to me.</li> </ol>
<b>Synonyms</b> essential, inherent, innate, inborn, congenital.	<b>Belonging naturally.</b>	<b>DEBATE IT</b> <ol style="list-style-type: none"> <li>Can someone tell me situations where you can use the word <i>intrinsic</i>?</li> <li>If you have an <i>intrinsic</i> ability to do something – what is special about that ability?</li> <li>If you feel something <i>intrinsically</i> – what do you feel about that issue?</li> <li>How can an object have 'intrinsic' meaning?</li> </ol>
<b>Antonyms</b> extrinsic, acquired		

Below are the words of the week for this academic year. Students are introduced to these words in form time and teachers and students are encouraged to use them in context whether this be in verbal or written work. Students receive Manor Marks for Word of the Week.

### Autumn Words

### Spring Words

### Summer Words

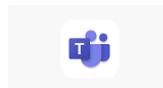
<b>Challenging</b>
To erase
To enhance
Coincide
Distortion
To precede
Reliance
To accumulate
Intrinsic
Unique
Transition

<b>Challenging</b>
Acquisition
Contrary
Implementation
Forthcoming
Mutual
Array
Cognitive
Commodity
Subordinate
Elite

<b>Challenging</b>
Integrity
To impose
Inhibition
Discretion
Adjacent
Derivation
Plausible
Marginal
Pragmatic
Prevalence

### Home Learning and Teams

Teachers will set home learning in class and students will record this in their planner. Teachers will also set home learning as an assignment on Teams.



Parents and carers are encouraged to download the Teams app.

All students in Years 7 to 9 will be given an Autumn Knowledge Organiser when we return in September. Students might be set home learning from this and students are encouraged to use this book independently to ensure that key themes and skills are memorised and understood and that retention and recall methods are practiced. Additional Knowledge Organisers will be given out at the start of the Spring and Summer Terms. **The expectation is that students have these with them at all times.**

## Knowledge Organisers

### KNOWLEDGE ORGANISER

#### KNOWLEDGE ORGANISERS

Your Knowledge Organiser is a collection of all the key knowledge essential to making progress in each of your subjects. Your job is to learn this information in your organiser. The more you know the better you will be at using it, applying it, analysing it and solving problems with it in your lessons.

#### Knowledge is Power

Francis Bacon 1597

#### KNOWLEDGE RETRIEVAL

Learning the information in your Knowledge Organiser is all about using Retrieval Practice strategies. This means trying to make your brain remember the information you've looked at, it is not about copying!

You should read and process the information you're given. Then after a short break, cover it up and then complete a task in your practice book to recall that information. Then check to see if you missed anything and add this in after. Each time aiming to be able to recall more.

#### Example Recall Tasks

Create a mind map	Bullet point list of key points	Write your own key questions
Draw a summary poster	Create mnemonic	Make a few flash cards
Write a quick quiz and get someone to test you	Annotate key diagrams	Draw a timeline of events

#### YEARS 7, 8 & 9

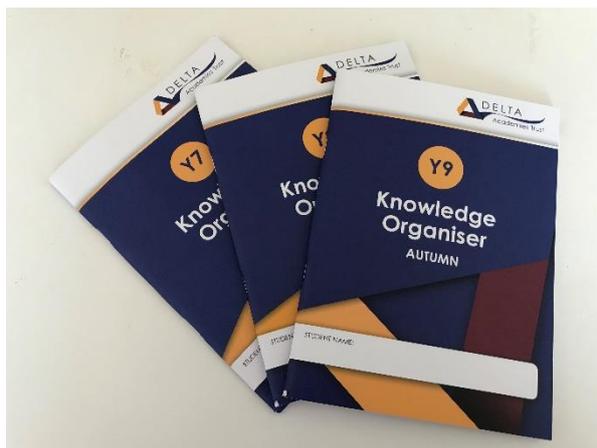
Every student will be issued with a Knowledge Organiser and Practice Book each term or half term. Your School will set out the expectations of how much and how often this should be used.

Students will be quizzed on key aspects of their Knowledge Organiser in lessons and around the School.

Teachers may specify certain parts to learn at particular times and may set additional homework tasks to go along side this.

#### YEARS 10 & 11

In some subjects, students will also be given a Knowledge Organiser at KS4 and be quizzed regularly. This is at the discretion of the teacher dependent on whether they decide it is beneficial in the lead up to their GCSE's. It is likely KS4 students will also be set additional homework to aid their classwork, such as completing coursework, past exam papers etc.



## Year 10 into 11 Summer Bridging Work

Year 10's going into Year 11 have been set home learning tasks in Teams which relate specifically to the Year 10 Mocks which have been recently sat. The team is called 'Year 10 Summer Term Revision'.



## Learning Resource Centre Launch

The Summer term has seen more changes within the LRC, and over the summer it will be completely transformed into a fully functioning library and study space. We've had thousands of new books delivered, with more still to come, and we've made sure to include plenty of our students' favourite authors and titles!

We will be providing reading material for all ages and abilities and ensuring there is something available to interest everyone. Our Family and Relationships and Sci-fi and Fantasy sections are all set to go and are looking fabulous!



In addition to our extensive fiction section, we also have a wide array of non-fiction books. This has plenty of reference materials for our main school subjects to support students in their studies. There's also a variety of interest materials available, including autobiographies and books on current hot topics such as environmental issues and mental health. We will continue developing this section in line with our ever-changing world to ensure students have access to the most up to date information.

The LRC launch was delayed as the space was used to support our Y11s during their GCSEs, but this has given us more time to plan an amazing event for our students. We are planning to launch the LRC on 28<sup>th</sup> September and have lots of exciting plans. We will also be welcoming our Y7 parents into the LRC as part of our launch and we're looking forward to showing off our wonderful and inspiring new space!

*Our Learning Resource Centre has recently purchased some new and exciting books for students to borrow. We would like to draw to your attention that some of these books contain topics relating to mental health, race, gender, religion and bullying. Some titles contain swearing.*

*When a student chooses a book from our LRC we do our best to advise them on the suitability of their choices. We endeavour to highlight any controversial content by means of a conversation at checkout; however, as we aim to cultivate a love of reading ultimately the choice of book remains with the student. If you have concerns relating to your child's book choice, we would be grateful if you could please begin with a conversation with your child about choosing a different genre and pointing them in the direction of the LRC at school for further help with their selection.*

## Year 11 Leavers Assembly - Class of 2022

Students in Year 11 enjoyed their last official day of school on Friday 17<sup>th</sup> June. Students were able to sign each other's shirts and enjoyed a walk down memory lane in their final ever assembly.

Below are some photos of the day.



## Prom 2022

This year's year 11 Prom was held at Gisborough hall. The students had a wonderful time



## Summer Show - Treasure Island

Our Performing Arts Students put on an amazing performance in the summer show of Treasure Island. Mr Blanks (Performing Arts) and Mrs Rose (Music) spent many long hours working with the students on rehearsals.

The show ran for 3 nights including matinee performances for the local primary schools

Thank you to everyone involved in both the performance and behind the scenes as well as students from the enterprise club who sold refreshments



## Duke of Edinburgh Expedition

Students in Year 9 took part in an Expedition for their Duke of Edinburgh award.

The Duke of Edinburgh programme gives students, the opportunity to develop themselves in scenarios they would not normally experience. The fun but challenging expeditions take students out of their comfort zones, whilst building confidence, teamwork, life skills and friendships.



# Sports Day

Students across the school had a wonderful day taking part in sports day

Mr Taylor and the PE Department did an amazing job once again in organising the annual Sports Day



Mr Anson was in charge of the scoreboard



Mr Fairhurst was having a great time being the DJ at the event



## Uniform and Equipment Reminder

✓ YOU MUST HAVE:

- PEN (+ SPARES)
- PENCIL
- RUBBER
- RULER
- READING BOOK
- PLANNER

HELPFUL TO HAVE:

CALCULATOR  
PURPLE PEN

**ARE  
YOU  
READY?**

Girls	Boys
Navy blue blazer with school logo	Navy blue blazer with school logo
School clip on tie	School clip on tie
White office style shirt with a collar suitable for a tie (no polo shirts)	White office style shirt with a collar suitable for a tie (no polo shirts)
Charcoal grey trousers (no cling style trousers e.g. leggings or combats/ chinos) OR charcoal grey knee length skirt (skirt must be knee length and non figure hugging)	Charcoal grey trousers (no combats/ chinos) OR charcoal grey knee length shorts
Plain flat black shoes – block heel style, maximum height 3cm (no pumps, trainers or kitten heels)	Plain flat, black shoes (no trainers)
Plain black, charcoal grey or white socks, or plain black, charcoal grey or navy blue tights (over the knee socks are not permitted)	Plain grey or black socks
School bag – sufficiently robust and able to fit an A4 folder inside	School bag – sufficiently robust and able to fit an A4 folder inside

### PE Kit

- School colours sports shirt
- Plain navy sports socks
- School colours shorts or skort
- Training shoes or sports boots
- Plain navy tracksuit bottoms (sports logos or designs are not permitted) or School colours tracksuit bottoms
- School colours hoodie or plain Navy Hoody (sports logos of designs are not permitted)

Students wearing clothing associated with religious beliefs should, where possible, adhere to the school's colour scheme.

## **Jewellery and Hairstyles**

Our aim is to establish a culture of respect and hard work and as such we plan to remove avoidable distractions with the following guidelines:

**Hairstyles** should be sensible and hair colour should be natural. Please check with your child's Learning Manager before considering any dramatic changes to style and colour. No patterns should be shaved into hairstyles.

Hair accessories should be discreet and in dark colours e.g. black or blue.

No scarves or bandanas (unless for religious reasons).

**Jewellery** – No jewellery is allowed except a wristwatch and a Medic Alert necklace/bracelet. Smart Watches are not permitted. If any student is thinking about having piercings, this should be done at the start of the summer holidays as no student will be allowed to wear any type of piercing whilst in the academy.

**Nails** – Nail polish is not allowed. False/Acrylic/Gel nails are also not allowed.

**Makeup** – Any makeup worn by students should be very discreet. Students will be asked to remove makeup if not discreet. Eyebrows and eyelashes should be natural with no patterns/no shavings/no enhancements

**Mobiles** are not allowed in the academy. They must be out of sight in students' bags and switched off until students cross the blue line at 3:30pm.

**Coats** - must be plain without logos. Denim and Leather coats are not permitted.

Coats must be removed upon entering the school building.

**Mobile Phones** - Students are responsible for their own property whilst in school.

For students that bring Mobile phones to school, they must have them turned off and stored either in their bag or locker for the duration of the school day.

Students found using mobile phones in school will have them confiscated and a parent will be contacted to collect them.

## **Shoes**

\*\*School shoes must be of formal style, plain black and able to be polished without any other colour or embellishments. Heels and trainers are not permitted.

## **Skirts & Trousers**

\*\*School Skirts must be Charcoal Grey and knee Length. Knitted and figure hugging skirts are not permitted.

\*\*Trousers must be Charcoal Grey and tailored. Leggings are not permitted

## *Introducing our Student Leadership Team 2022/2023*

Our 'all new' student leadership team will be allocated areas of focus in the new academic year and will lead the student body, lead on events and initiatives and represent the school in these areas.

### **Senior Leadership**

Oliver White  
Jasmyn Evans  
Gracie Worton

### **Charity**

Ellis Moy  
Ava Young

### **Transition**

Hannah Omran  
Ben Pollard  
Gracie Worton

### **House Identity**

Ethan Vinter  
Gracie Worton  
Hannah Omran  
Oliver White

### **Community & Fundraising**

Will Sewell  
Ava Young  
Ellis Moy

### **Equal Opportunities**

Zara Thomas  
Hannah Omran

### **Student Wellbeing**

Archie Keates  
Will Sewell  
Jasmyn Evans

### **Anti-bullying**

Benn Pollard  
Archie Keates

### **Learning & Achievement**

Finley Blackburn  
Elizabeth Ronchi  
Oliver White

## Friends of Ingleby Manor School



The friends of Ingleby Manor School are a parent's association set up and led by a small group of parents whose children attend IMFS. Working independently from IMFS, members volunteer their time with fundraising activities and events organisation to benefit the school and our students. In previous years, the friends have helped organise the Christmas Fayre, Zombie Prom, bag packing at Tesco along with other events for students and parents to enjoy.

facebook

The Friends of Ingleby Manor School have a Facebook page for parents to connect with each other, to share information and to ask questions of other parents (is it dress down today?)

Membership of the group is by permission only and all members are required to conduct themselves in a positive and appropriate manner at all times ensuring adherence to Safeguarding and GDPR restrictions.

You can check out their Facebook Group using the link below. From here you can also message the Friends Coordinator if you would like to take more of an active role in the group by volunteering with activities and fundraising.

<https://www.facebook.com/groups/1306212883060466/>

## Upcoming Visit from MP Matt Vickers (MP)



Following the lifting of COVID Restrictions, Ingleby Manor School is happy to confirm that the local MP for Stockton South will be visiting with the school in the Autumn term and will have the opportunity to have a look around the facilities and meet with staff and students.

## Become a School Governor at Ingleby Manor School

### Become a school governor

**Anyone who lives in the Borough can apply to be a school governor and help to set a school's strategic priorities.**

School governors contribute to the work of the governing body or trust board to help ensure high standards of achievement for all children and young people in a school.

The governing body has 3 main functions:

- setting the school's vision, ethos, and strategic direction
- holding the headteacher to account
- overseeing the financial performance of the school

You do not need to have any previous experience of the education system to become a governor.

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An opportunity has arisen for a number of Governor positions on the School Advisory Body (SAB).

Ingleby Manor School is looking to recruit 2 new Governors to join the governing body. The role of a governor is important in the life and development of the school. Your role in joining the SAB would be to challenge the Principal and his senior team to deliver the highest quality of education to the students at Ingleby Manor School.

It is a challenging role, but it is rewarding to know that you have really contributed to the education of the students and the life of the staff at the school.

School Governors are expected to attend one full governing body meeting per school term (reading any documents provided with the agenda and preparing questions beforehand is an essential part of the role) along with any required training to support you in this role.

Some Governors also sit on one of two subcommittees, either Finance & Resources or Curriculum & Standards. Membership of either of these committees would require attendance at a further one meeting per term.

Governors who form the SAB also take on a link role, which will require you to have an oversight of some aspect of the school. For example, governors oversee discipline, pastoral care, finance, safeguarding and curriculum areas, to name a few. The link governor will report back to the SAB and the insight gained will be used to apply continuous improvement methods within school.

There is no payment for the role of Governor, but there is immense satisfaction to be gained by contributing to the education of hundreds of young people in our community.

We very much appreciate the time given by governors and are particularly keen to extend the current expertise of our existing board and so would actively encourage parents, carers, business leads or members of the local community with experience in the following areas (although not essential) to apply to help move the school forward:

- Governance Leadership
- Education
- HR
- Community Engagement

If you are interested in becoming a school governor or know someone who would be, please contact Eve Young via email : [younge3@inglebymanorschool.org.uk](mailto:younge3@inglebymanorschool.org.uk) who will be able to assist and provide more information on how to apply.

## Stationery and Equipment Tuck Shop

Students are able to purchase the following items from Student Services at break time:

Equipment	Cost
Pen (black)	50p
Pen (purple)	50p
Pencil	20p
Ruler	50p
Eraser	50p
Scientific Calculator	£8.00
Clip on Tie	£6.00

## Follow us on Twitter



[https://twitter.com/free\\_manor](https://twitter.com/free_manor)

## Returning to school in September

School reopens to students on **Monday 5<sup>th</sup> September**

- Year 7 start at 8.30am and will have their school photo taken on the first day.
- Years 8-11 will start at 10.30 and will go straight to their Tutor room

## Dates for your diary

- 14th September – Year 11 Open Evening (5pm-7pm) in school
- 28<sup>th</sup> September Year 7 Welcome Evening (5pm-7pm)
- 5<sup>th</sup> October - Year 6 Open Evening (5pm-7pm)
- 9<sup>th</sup> November – Year 9 & 10 Careers Event (2.30pm-4.30pm)
- 23<sup>rd</sup> November – Year 11 Parents Evening (4pm-7pm) virtual
- 6<sup>th</sup>/7<sup>th</sup> December – Christmas Panto
- 15<sup>th</sup> December – Christmas Jumper and Christmas Dinner Day
- 11<sup>th</sup> /12<sup>th</sup> January – Year 10 Parents Evenings (4pm-6pm) Virtual
- 18<sup>th</sup> January – Year 9 Parents Evening (4pm-7pm) Virtual
- 25<sup>th</sup> January – Year 11 Celebration Evening (5.30pm-7.30pm) in school
- 1<sup>st</sup> February – Year 8 Parents Evening (4pm-7pm) Virtual
- 7<sup>th</sup> / 8<sup>th</sup> February – Year 7 Parents Evening (4pm-6pm) Virtual
- 9<sup>th</sup> February – Year 8-11 School Photos
- 28<sup>th</sup> February – Year 9 Options Evening (5.30pm-6.30pm) in school
- 29<sup>th</sup> March – Springtime Show
- 23<sup>rd</sup> June – Year 9 KS3 Graduation (5.30pm-6.30pm) in school
- 27<sup>th</sup>/28<sup>th</sup>/29<sup>th</sup> June – Summer Show
- 4<sup>th</sup> July – Year 6 Transition Day
- 5<sup>th</sup> July – Sports Day